

Recess-Cold Weather & Air Quality

Cold Weather Recess

Normally all students go outside for recess. Students are expected to come to school dressed appropriately for the weather conditions. Students will not be sent outside in case of rain or when temperatures are below 20° F.

Air Quality

Winter along the Wasatch Front inevitably brings periods of temperature inversions, leading to poor air quality. When this happens, one of the primary concerns is the health of students who go outside for recess.

Venture Academy will follow the direction of the Utah Department of Health for when to keep students indoors for recess. The graph found on the Utah Department of Environmental Quality's website shows the points on the PM2.5 index. You can find current PM2.5 levels by visiting <https://air.utah.gov/currentconditions.php?id=o2> (click "Current").

- When the Particulate Matter (PM2.5) is below 35.5 µg/m³ all students will be outdoors.
- When the PM2.5 level is between 35.5 and 55.4 µg/m³, students with respiratory conditions should avoid outdoor recess.
- When the PM2.5 level is 55.5 µg/m³ or higher, recess will be moved indoors for all students.

Parents, with the advice of their health care provider, **should inform the school** if their child has respiratory conditions which require limited outdoor physical activity when air quality is poor.