



Monday	Tuesday	Wednesday	Thursday	Friday
Cheeseburger Meatloaf on WW Bun Diced Potatoes Diced Peaches 1% White or FF Flavored Milk	Texas Style Chicken Drumstick w/ WW Roll Baked Beans Fresh Apple 1% White or FF Flavored Milk	All-American Hamburger on WW Bun Tossed Salad with Ranch Fresh Orange 1% White or FF Flavored Milk	Chicken & Rice Casserole Steamed Broccoli Fresh Banana 1% White or FF Flavored Milk	WG Pizza Slice Baby Carrots w/ Ranch Fruit mix 1% White or FF Flavored Milk
2	3	4	5	6
Italian Meatball Sub on WG Bun Baked Green Beans Diced Peaches 1% White or FF Flavored Milk	Chicken Fries w/ BBQ Sauce and WG Goldfish Sweet Baby Peas Fresh Banana 1% White or FF Flavored Milk	Turkey Chorizo Taco w/ WG Flatbread Mexican Pinto Beans Fresh Apple 1% White or FF Flavored Milk	Grilled Chicken Salad w/ WW Pita Tossed Salad with Ranch Fresh Banana 1% White or FF Flavored Milk	Half Day
9	10	11	12	
BBQ Meatloaf Sandwich on WW Bun Seasoned Corn Diced Peaches 1% White or FF Flavored Milk	Classic Cheeseburger on WW Bun Baked Beans Fresh Apple 1% White or FF Flavored Milk St. Patrick's Day	Walking Taco w/ WG Corn Chips Romaine w/ Dressing Pineapple Tidbits 1% White or FF Flavored Milk	Asian Chicken w/ Brown Rice and WW Dinner Roll Stir Fry Vegetables Fresh Banana 1% White or FF Flavored Milk	WG Pizza Slice Baby Carrots w/ Ranch Fruit mix 1% White or FF Flavored Milk
16	17	18	19	20
Popcorn Chicken w/ WG Crackers Baked Beans Diced Peas 1% White or FF Flavored Milk	Chef Salad w/ WW Pita Tossed Salad with Ranch Fresh Banana 1% White or FF Flavored Milk	Chicken Soft Taco on WW Tortilla w/ WG Rice Romaine w/ Dressing Fresh Apple 1% White or FF Flavored Milk	Salisbury Steak w/ WG Dinner Roll Mashed Potato Fresh Banana 1% White or FF Flavored Milk	WG Pizza Slice Baby Carrots w/ Ranch Orange Juice 1% White or FF Flavored Milk
23	24	25	26	27
Baked Mostaccioli w/ WW Dinner Roll Romaine w/ Dressing Diced Peaches 1% White or FF Flavored Milk	Cheeseburger Mac w/ WW Dinner Roll Savory Carrots Coins Fresh Apple 1% White or FF Flavored Milk			
30	31			



Thought for Thought

Time invested in improving ourselves cuts down on time wasted in disapproving of others. - Anon.

Tips & Information

Established in 1989, the National School Breakfast week was created to remind and encourage all students to eat a nutritious breakfast. Research has shown eating breakfast in the morning provides the fuel children need to perform all day. Look to fresh fruits, vegetables, nuts, yogurt or toast for a quick and delicious meal.

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"or." = An alternative selection to choose. "WG"=Whole Grain
 1% White & Fat Free Chocolate Milk available daily.



****Menu Subject to Change****