



Monday



Tuesday

Wednesday

Thursday

Friday

**Breakfast:**  
Muffin  
**Lunch:**  
Mini Corn Dogs, Soft Baked Pretzel and Carrot Sticks  
**Fruit Of the Day:**  
Apple

5

**Breakfast:**  
Mini Strawberry Bagels  
**Lunch:**  
Teriyaki Beef Dippers with Whole Grain Rice and Broccoli  
**Fruit Of the Day:**  
Orange

6

**Breakfast:**  
Banana Bread Slice  
**Lunch:**  
Cheeseburger and Celery Sticks  
**Fruit Of the Day:**  
Applesauce

7

**Breakfast:**  
Whole Grain Cereal  
**Lunch:**  
Spaghetti and Meatballs with Carrot Sticks  
**Fruit Of the Day:**  
Fruit Cup

1

**Breakfast:**  
**Lunch:**  
**Fruit Of the Day:**

2

**Breakfast:**  
Yogurt and Granola  
**Lunch:**  
Cheesy Breadsticks with Marinara and Carrot Sticks  
**Fruit Of the Day:**  
Baked Cinnamon Apples

12

**Breakfast:**  
Waffle and String Cheese  
**Lunch:**  
Nachos with Black Beans  
**Fruit Of the Day:**  
Orange

13

**Breakfast:**  
Muffin  
**Lunch:**  
Holiday-Shaped Chicken Nuggets, Mashed Potatoes and a Whole Wheat Roll  
**Fruit Of the Day:**  
Applesauce

14

**Breakfast:**  
Whole Grain Cereal  
**Lunch:**  
Chicken Teriyaki with Whole Grain Rice and Broccoli  
**Fruit Of the Day:**  
Fruit Cup

15

**Breakfast:**  
**Lunch:**  
**Fruit Of the Day:**

16

**Breakfast:**  
**Lunch:**  
**Fruit Of the Day:**

19

**Breakfast:**  
**Lunch:**  
**Fruit Of the Day:**

20

**Breakfast:**  
**Lunch:**  
**Fruit Of the Day:**

21

**Breakfast:**  
**Lunch:**  
**Fruit Of the Day:**

22

**Breakfast:**  
**Lunch:**  
**Fruit Of the Day:**

23

**Breakfast:**  
**Lunch:**  
**Fruit Of the Day:**

26

**Breakfast:**  
**Lunch:**  
**Fruit Of the Day:**

27

**Breakfast:**  
**Lunch:**  
**Fruit Of the Day:**

28

**Breakfast:**  
**Lunch:**  
**Fruit Of the Day:**

29

**Breakfast:**  
**Lunch:**  
**Fruit Of the Day:**

30