

SONORA ISD BREAKFAST

SEPT 2022

GEAR UP FOR DANCE



ANNOUNCEMENTS:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			SAUSAGE, EGG, CHS, BISCUIT 1 or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	FRENCH TOAST / SAUSAGE 2 or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety
NO SCHOOL 5	PB & JELLY SANDWICH 6 or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	WAFFLES / SAUSAGE 7 or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	BK COMBO (BISCUIT, EGG, POTATO) 8 or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	DONUT W/ SAUSAGE 9 PRE-K MUFFIN / YOGURT or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety
BREAKFAST PIZZA 12 or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	DUTCH WAFFLE / SAUSAGE 13 PRE-K FRENCH TOAST / SAUSAGE or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	POWER BREAKFAST 14 (EGG, BACON, BISCUIT) or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	PANCAKE WRAP / YOGURT 15 or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	CINNAMON ROLL / SAUSAGE 16 PRE-K CHEESY TOAST / SAUSAGE or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety
PANCAKES / BACON 19 or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	BREAKFAST TAQUITO 20 or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	BREAKFAST PARFAIT 21 PRE-K BREAKFAST PIZZA or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	SAUSAGE & BISCUIT 22 or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	NOON RELEASE 23 MUFFIN / YOGURT or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety
SAUSAGE KOLACHE / YOGURT 26 or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	CHICKEN & BISCUIT 27 or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	EARLY BIRD SANDWICH 28 (WAFFLE, SAUSAGE, EGG) or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	STUFFED BAGEL / CHEESE STICK 29 PRE-K PB & JELLY SANDWICH or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety	MORNING GRIDDLE SANDWICH 30 (PANCAKE, BACON, HAM, EGG, CHS) or Cereal / Crackers 100% Fruit Juice Fruit Milk Variety



Food and Nutrition Division
Nutrition Assistance Programs



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