**If you have these symptoms:**

➔ Stay home.
➔ Get tested outside of school.
➔ **Return to school after negative test (PCR or rapid).** CPS will **not require proof of negative test.**

- Fever above 100.0°F
- Chills or shaking chills
- Trouble breathing
- New loss of taste or smell
- Muscle aches or body aches
- Sore throat
- Cough (not due to other known causes)

- Headache plus other symptoms
- Nauseous, vomiting or diarrhea (throwing up, feeling sick to your stomach)
- Fatigue plus other symptoms
- Nasal congestion or runny nose (not due to other known causes) plus other symptoms

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**Recently vaccinated?**
If you have been vaccinated within the last 48 hours, you may experience these symptoms but still come to school/work.

- Temperature below 100.0°F
- Headache
- Fatigue
- Chills
- Body aches

Stay home if these symptoms continue after 48 hours after vaccine and see your doctor.
### Isolation Timeline for Positive Cases

<table>
<thead>
<tr>
<th>Days “1-5”</th>
<th>“Day 6”: Return to work or school</th>
<th>Days “6 - 10”</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Day “0”</strong> is the day you became symptomatic or the date of your positive test, whichever is first. The nurse will make this determination.</td>
<td>You can return to school/work on Day 6, if you are fever-free for at least 24 hours (without the use of fever-reducing medication) and all symptoms have resolved.</td>
<td>Wear a mask inside AND outside.</td>
</tr>
<tr>
<td>Isolate for 5 consecutive days.</td>
<td>Day you test positive or day you develop symptoms</td>
<td>Students returning from isolation do <strong>not</strong> need to provide a negative test, but those with persistent symptoms will be reassessed at the nurses' discretion and dismissed as needed.</td>
</tr>
<tr>
<td>Day you return to school or work (end of isolation)</td>
<td>Day you test positive or day you develop symptoms</td>
<td><strong>CPS will not conduct rapid tests on students returning from isolation.</strong></td>
</tr>
<tr>
<td>Monday</td>
<td>Sunday*</td>
<td></td>
</tr>
<tr>
<td>Tuesday</td>
<td>Monday</td>
<td></td>
</tr>
<tr>
<td>Wednesday</td>
<td>Tuesday</td>
<td></td>
</tr>
<tr>
<td>Thursday</td>
<td>Wednesday</td>
<td></td>
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<tr>
<td>Friday</td>
<td>Thursday</td>
<td></td>
</tr>
<tr>
<td>Saturday</td>
<td>Friday</td>
<td></td>
</tr>
<tr>
<td>Sunday</td>
<td>Saturday*</td>
<td></td>
</tr>
</tbody>
</table>

*If Day 6 is a weekend or holiday, return on the next day school is open.*
Close Contact of Positive Case At School

Close contact = Exposure to an individual with COVID for more than 15 minutes per day with, less than 3 feet apart

Wear mask, including outdoors, for 10 days after exposure regardless of vaccination status. Follow school protocols for meals.

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**Vaccination Status**

- **Vaccinated & Boosted**
  - signed consent form & will test at school

- **Vaccinated & less than 6 months from final dose**
  - will test outside of school

- **Vaccinated & more than 6 months from final dose**
  - signed consent form & will participate in “Test & Stay” at school

- **Unvaccinated or not yet fully vaccinated**
  - family chooses to not participate in “Test & Stay”

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1. **Stay at school.**
2. **Get tested 5 days after exposure.** If day 5 falls during school test schedule, participate in weekly pool test. If not, test outside of school and CPS will not require proof of negative test.
3. **Monitor symptoms.** If symptoms develop, immediately isolate & get tested.

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1. **Stay at school.**
2. **Get tested 5 days after exposure.** CPS will not require proof of negative test.
3. **Monitor symptoms.** If symptoms develop, immediately isolate & get tested.

---

1. **Stay at school.**
2. **Test & Stay** for 5 consecutive days (including the weekend) beginning the day after exposure. Testing not required on the weekend.
3. **Quarantine** outside of school hours.
4. **Monitor symptoms.** If symptoms develop, immediately isolate & get tested.

---

1. Day 1-5: **Quarantine.**
2. Day 6-10: **Return to school.** Recommended to test outside of school 5 days after exposure. CPS will not require proof of negative test. CPS will not conduct rapid tests on students returning from isolation.
3. **Monitor symptoms.** If symptoms develop, immediately isolate & get tested.

---

1. In alignment with CDC protocols

CPS COVID Testing & Quarantine Protocols | www.cpsd.us/covid19
Close Contact of Positive Case IN MY HOUSEHOLD

Close contact = Exposure to an individual with COVID for more than 15 minutes per day with, less than 3 feet apart

If someone in your household tests positive, notify principal immediately.

Vaccination Status

Vaccinated & Boosted

- Signed consent form & will test at school

Vaccinated & less than 6 months from final dose

- Will test outside of school

Vaccinated & more than 6 months from final dose

- Stay at school.
- Wear mask when in contact with positive case during their isolation period.
- Recommended: Test 5-7 days after end of isolation period of positive case. CPS will not require proof of negative test.
- Monitor symptoms. If symptoms develop, immediately isolate & get tested.

Unvaccinated or not yet fully vaccinated

- Will test outside of school

- Day 1-10: Quarantine. Stay home for at least 10 days from the beginning of the positive case’s isolation period.
- Date of return and need to test: Nurse/Public Health department will determine, based on details of case. CPS will not conduct rapid test when student returns from isolation.
- Monitor symptoms. If symptoms develop, immediately isolate & get tested. CPS will not require proof of negative test.

1In alignment with CDC protocols

CPS COVID Testing & Quarantine Protocols | www.cpsd.us/covid19
## Close Contact of Positive Case OUTSIDE SCHOOL & HOUSEHOLD

Close contact = Exposure to an individual with COVID for more than 15 minutes per day with, less than 3 feet apart

**If someone in your household tests positive, notify your principal immediately.**

<table>
<thead>
<tr>
<th>Vaccination Status</th>
<th>Day 1-5 following exposure: <strong>Quarantine.</strong></th>
<th>Day 6-10: <strong>Return to school.</strong> Masks required inside &amp; outside.</th>
<th>Day 11: <strong>Return to school.</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Vaccinated &amp; Boosted</td>
<td>Stay at school. Recommended: Test (PCR or rapid test) 5-7 days after end of positive case’s isolation period. If day 5-7 falls during school test schedule, participate in weekly pool test. If not, test outside of school and CPS will <em>not</em> require proof of negative test.</td>
<td><strong>Monitor symptoms.</strong> If symptoms develop, immediately isolate &amp; get tested.</td>
<td><strong>Monitor symptoms.</strong> If symptoms develop, immediately isolate &amp; get tested.</td>
</tr>
<tr>
<td>Vaccinated &amp; less than 6 months from final dose</td>
<td>Stay at school.</td>
<td><strong>Monitor symptoms.</strong> If symptoms develop, immediately isolate &amp; get tested.</td>
<td><strong>Monitor symptoms.</strong> If symptoms develop, immediately isolate &amp; get tested.</td>
</tr>
<tr>
<td>Vaccinated &amp; more than 6 months from final dose</td>
<td>Stay at school. Recommended: Test (PCR or rapid test) 5-7 days after exposure <em>outside of school</em>. CPS will <em>not</em> require proof of negative test.</td>
<td><strong>Monitor symptoms.</strong> If symptoms develop, immediately isolate &amp; get tested.</td>
<td><strong>Monitor symptoms.</strong> If symptoms develop, immediately isolate &amp; get tested.</td>
</tr>
<tr>
<td>Unvaccinated or not yet fully vaccinated</td>
<td>Stay at school.</td>
<td><strong>Monitor symptoms.</strong> If symptoms develop, immediately isolate &amp; get tested.</td>
<td><strong>Monitor symptoms.</strong> If symptoms develop, immediately isolate &amp; get tested.</td>
</tr>
</tbody>
</table>

1. In alignment with CDC protocols

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**CPS COVID Testing & Quarantine Protocols | www.cpsd.us/covid19**
## Travel

<table>
<thead>
<tr>
<th>Within the United States</th>
<th>Fully Vaccinated Individuals</th>
<th>Unvaccinated Individuals</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>We recommend you get tested prior to travel &amp; 3-5 days after return.</strong></td>
<td></td>
<td><strong>We recommend you get tested prior to travel &amp; 3-5 days after return.</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Monitor symptoms.</strong></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Internationally</th>
<th>Fully Vaccinated Individuals</th>
<th>Unvaccinated Individuals</th>
</tr>
</thead>
</table>
| **Follow CDC guidelines for international travel. We recommend you get tested prior to travel and 3-5 days after return.** | | **I will get tested:** Quarantine for 7 Consecutive Days
Get tested in the community with a viral (PCR) test 3 - 5 days after travel. Stay home and self-quarantine for 7 days after returning home to MA. You may return to school on Day 8 if you test negative. Please provide proof of negative test to school nurse. |
| **Monitor for symptoms.** | | **Monitor for symptoms.** |
| | **I will not get tested:** Quarantine for 10 Consecutive Days
Return to school on Day 11. | |